

## Ascorbic Acid Assay Kit (Catalog #K661-100; 100 assays; Store at -20°C)

### I. Introduction:

Ascorbic Acid (Vitamin C) plays an important role in many biological processes. It is a potent anti-oxidant, anti-inflammatory, anti-viral agent, and an immune stimulant and is present in a wide variety of foods and biological specimens. It is important to be able to monitor ascorbic acid content in these different samples. BioVision's Ascorbic Acid Assay Kit provides a rapid, simple, and sensitive means of detecting ascorbic acid in various biological samples. In this assay, our proprietary catalyst oxidizes ascorbic acid to produce a product that interacts with the ascorbic acid probe, generating color and fluorescence. Ascorbic acid can be easily determined by either colorimetric (spectrophotometry at  $\lambda = 570$  nm) or fluorometric (Ex/Em = 535/587 nm) methods. The assay can detect 0.01-10 nmol of ascorbic acid per assay in various samples.

### II. Kit Contents:

Components	K661-100	Cap Code	Part Number
Ascorbic Acid Assay Buffer	25 ml	WM	K661-100-1
Ascorbic Acid Probe (in DMSO)	0.2 ml	Red	K661-100-2A
Catalyst	0.5 ml	Blue	K661-100-4
Ascorbic Acid Enzyme Mix (lyophilized)	1 vial	Green	K661-100-5
Ascorbic Acid Standard (20 $\mu$ mole)	1vial	Yellow	K661-100-6

### III. Storage and Handling:

Store kit at  $-20^{\circ}\text{C}$ , protect from light. Warm Ascorbic Acid Assay Buffer to room temperature before use. Briefly centrifuge all small vials prior to opening.

### IV. Reagent Preparation:

**Ascorbic Probe:** Ready to use as supplied. Warm to room temperature prior to use to completely melt frozen DMSO, then vortex to ensure uniformity. Store at  $-20^{\circ}\text{C}$ , protect from light and moisture. Use within two months.

**Ascorbic Acid Enzyme Mix:** Dissolve in 220  $\mu$ l Ascorbic Acid Assay Buffer. Aliquot and store at  $-20^{\circ}\text{C}$ . Use within two months.

**Ascorbic Standard:** Dissolve in 200  $\mu$ l of distilled water to generate 100 mM Ascorbic Standard stock solution. Store at  $-20^{\circ}\text{C}$ . Use within two months.

**Catalyst:** Ready to use as supplied

### V. Ascorbic Acid Assay Protocol:

#### 1. Standard Curve Preparations:

For the colorimetric assay, dilute the standard to 1 mM by adding 10  $\mu$ l of the 100 mM

Ascorbic Acid Standard to 990  $\mu\text{l}$  of distilled water, mix well. Add 0, 2, 4, 6, 8, 10  $\mu\text{l}$  into each well individually. Adjust volume to 120  $\mu\text{l}$ /well with Ascorbic Acid Assay Buffer to generate 0, 2, 4, 6, 8, 10 nmol/well of Ascorbic Acid Standard. For the fluorometric assay, dilute the Ascorbic Acid Standard to 0.01- 0.1 mM with the Ascorbic Acid Assay Buffer

(**Note:** Detection sensitivity is 10 to 100 fold higher for a fluorometric than a colorimetric assay). Follow the procedure for the colorimetric assay.

**Note: Diluted ascorbic acid standard is unstable, use fresh dilution each time.**

2. **Sample Preparation:** Prepare test samples to a final volume of 120  $\mu\text{l}$ /well with Ascorbic Acid Assay Buffer in a 96-well plate. We suggest testing several doses of your sample to make sure the readings are within the standard curve range.

#### NOTES:

1) Due to high protein content and other compounds present in serum we recommend using FRASC Ascorbic Acid Kit (K671-100) for serum samples.

2) Ascorbate is easily oxidized during sample preparation and great care must be exercised to achieve quantitative recovery.

3. **Catalyst:** Add 100  $\mu\text{l}$  of catalyst to 900  $\mu\text{l}$  of distilled water and vortex well.

4. Add 30  $\mu\text{l}$  of catalyst to each standard and sample well.

5. **Ascorbic Acid Reaction Mix:** Mix enough reagent for the number of samples and standards to be performed: For each well, prepare a total 50  $\mu\text{l}$  Reaction Mix containing:

46  $\mu\text{l}$  Ascorbic Acid Assay Buffer

2  $\mu\text{l}$  Ascorbic Acid Probe

2  $\mu\text{l}$  Ascorbic Acid Enzyme Mix

6. Mix well. Add 50  $\mu\text{l}$  of the Reaction Mix to each well containing the Ascorbic Acid Standard and test samples. Mix well.

7. Protect from light, Color is developed within 3 min and stable for an hour.

8. Measure OD 570nm for colorimetric assay or Ex/Em = 535/590 nm for fluorometric assay in a micro-plate reader.

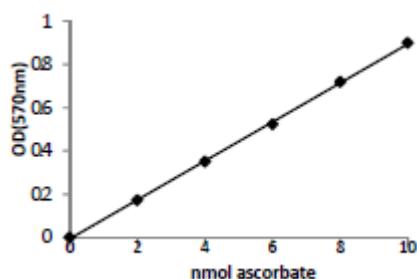
9. Correct background by subtracting the value derived from the 0 ascorbic acid standard from all sample readings (Note: The background reading can be significant and must be subtracted from sample readings). Apply sample readings to the generated standard curve. Ascorbic Acid concentration can then be calculated:

$$C = A_s / S_v \text{ nmol}/\mu\text{l} \text{ or } \mu\text{mol}/\text{ml} \text{ or } \text{mM}$$

Where: **A<sub>s</sub>** is ascorbic acid amount from standard curve (nmol).

**S<sub>v</sub>** is the sample volume added in sample wells ( $\mu\text{l}$ ).

Ascorbic Acid molecular weight: 176.12.



## VI. RELATED PRODUCTS

Apoptosis Detection Kits & Reagents  
 Glucose and Sucrose Assay Kit  
 Cholesterol, LDL/HDL Assay Kits  
 Glutathione Assay Kit  
 Ethanol and Uric Acid Assay Kit  
 NAD/NADH and NADP/NADPH Assay Kit  
 Pyruvate and Lactate Assay Kits  
 cAMP/cGMP Kits

## GENERAL TROUBLESHOOTING GUIDE

Problems	Cause	Solution
Assay not working	<ul style="list-style-type: none"> <li>• Use of ice-cold assay buffer</li> <li>• Omission of a step in the protocol</li> <li>• Plate read at incorrect wavelength</li> <li>• Use of a different 96-well plate</li> </ul>	<ul style="list-style-type: none"> <li>• Assay buffer must be at room temperature</li> <li>• Refer and follow the data sheet precisely</li> <li>• Check the wavelength in the data sheet and the filter settings of the instrument</li> <li>• Fluorescence: Black plates (clear bottoms) ; Luminescence: White plates ; Colorimeters: Clear plates</li> </ul>
Samples with erratic readings	<ul style="list-style-type: none"> <li>• Use of an incompatible sample type</li> <li>• Samples prepared in a different buffer</li> <li>• Cell/ tissue samples were not completely homogenized</li> <li>• Samples used after multiple free-thaw cycles</li> <li>• Presence of interfering substance in the sample</li> <li>• Use of old or inappropriately stored samples</li> </ul>	<ul style="list-style-type: none"> <li>• Refer data sheet for details about incompatible samples</li> <li>• Use the assay buffer provided in the kit or refer data sheet for instructions</li> <li>• Use Dounce homogenizer (increase the number of strokes); observe for lysis under microscope</li> <li>• Aliquot and freeze samples if needed to use multiple times</li> <li>• Troubleshoot if needed</li> <li>• Use fresh samples or store at correct temperatures until use</li> </ul>
Lower/ Higher readings in Samples and Standards	<ul style="list-style-type: none"> <li>• Improperly thawed components</li> <li>• Use of expired kit or improperly stored reagents</li> <li>• Allowing the reagents to sit for extended times on ice</li> <li>• Incorrect incubation times or temperatures</li> <li>• Incorrect volumes used</li> </ul>	<ul style="list-style-type: none"> <li>• Thaw all components completely and mix gently before use</li> <li>• Always check the expiry date and store the components appropriately</li> <li>• Always thaw and prepare fresh reaction mix before use</li> <li>• Refer datasheet &amp; verify correct incubation times and temperatures</li> <li>• Use calibrated pipettes and aliquot correctly</li> </ul>
Readings do not follow a linear pattern for Standard curve	<ul style="list-style-type: none"> <li>• Use of partially thawed components</li> <li>• Pipetting errors in the reaction mix</li> <li>• Air bubbles formed in well</li> <li>• Calculation errors</li> <li>• Substituting reagents from older kits/ lots</li> </ul>	<ul style="list-style-type: none"> <li>• Thaw and resuspend all components before preparing the reaction mix</li> <li>• Prepare a master reaction mix whenever possible</li> <li>• Pipette gently against the wall of the tubes</li> <li>• Recheck calculations after referring the data sheet</li> <li>• Use fresh components from the same kit</li> </ul>
Unanticipated results	<ul style="list-style-type: none"> <li>• Measured at incorrect wavelength</li> <li>• Samples contain interfering substances</li> <li>• Use of incompatible sample type</li> <li>• Sample readings above/below the linear range</li> </ul>	<ul style="list-style-type: none"> <li>• Check the equipment and the filter setting</li> <li>• Troubleshoot if it interferes with the kit</li> <li>• Refer data sheet to check if sample is compatible with the kit or optimization is needed</li> <li>• Concentrate/ Dilute sample so as to be in the linear range</li> </ul>
<p>Note# The most probable list of causes is under each problem section. Causes/ Solutions may overlap with other problems.</p>		